

A free, comprehensive listing of health and wellness resources, to help keep you and your family safe, healthy, and informed.



- **directories of healthcare professionals & facilities**
- **links to national organizations**
- **patient safety & public health issues**
- **multilingual sites & multicultural resources**

# Have you heard ...?

## University of Iowa Consumer Health Guide

[guides.lib.uiowa.edu/consumerhealth](https://guides.lib.uiowa.edu/consumerhealth)



**It's free for everyone!**

**Find answers about ...**



- **cancer**
- **asthma**
- **diabetes**
- **heart disease**
- **HIV/AIDS**
- **dental health**
- **nutrition**

- **prescription medications**
- **mental health**
- **alternative medicine**
- **addiction & substance abuse**
- **domestic/child abuse**



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